



WILDFLOWERS

447 Winthrop Road, Deep River, Ct. 06417
(860) 526-9056 www.acergardens.com
email – acer@acergardens.com

Wildflowers are growing in popularity primarily because they are pretty, naturalize over time, and have adapted to local environments. They are native to a particular area as herbaceous perennials but don't include ferns, grasses and sedges. Some wildflowers can be considered herbs; some have played roles in folk medicine. Generally low maintenance, many will re-seed and return year after year. All have a natural charm and beauty, however ephemeral, and allow you to participate in the natural cycles of the seasons.

A wildflower has developed naturally over time without human intervention and has, basically through that neglect, retained the characteristics of its plant family. They have become disease and insect resistant to a particular area and climate ... in fact, in the wild, they form their own appropriate eco system. They are a part of our natural, native environment for six months of the year. The first flowers appear in the woods in the spring, warmed by last fall's fallen leaves. By May and June, wildflowers can be found in the meadows and many bloom in the last days of summer and early fall.

You will need to choose where to site your wildflowers and establish a location that adapts to your choices. Woodland paths are particularly suited to spring bloomers ... such as Virginia bluebells (*Mertensia*), Trout Lily (*Erythronium*) and Shooting Star (*Dodecatheon*) ... but remember that many will yellow and go dormant as summer approaches. Other plants are partial to water and wet areas. Wildflowers can be tucked in under trees and bushes or placed in garden beds. Many people use wildflowers among native trees, shrubs, ferns and grasses which provide an attractive framework. Layering the plants you choose by height, shape and texture will help to replicate the look of their natural settings and give your wildflower garden depth. Include plants with attractive and colorful foliage to maintain interest during non-blooming periods. Many of the woodland wildflowers, especially the spring bloomers, prefer the moist, humus-rich soil found in shady areas and do well in low-light levels. Native meadow wildflowers bloom primarily in summer and fall and love the sun.

Wildflowers also adapt easily to rock garden environments which can be created for sun or shade. Since they spread naturally, they are normally trouble-free and easy to maintain. Container growing has also become a popular option. Good drainage is important as clay pots will require frequent watering.

SELECTED WILDFLOWER GARDEN PLANTS

Plant	Common name	Height	Color
Early Spring			
Caltha	Marsh Marigold	1' - 2'	Yellow
Sanguinaria	Bloodroot	5"-12"	White
Spring			
Actaea pachypoda	Dolls-eyes	24"	White
Amsonia	Bluestar	14"-20"	Blue
Arisaema	Jack-in-the-Pulpit	12"-28"	
Asarum canadensis	Wild Ginger	6"- 8"	Red
Baptisia australis	False Indigo	3'	Violet-blue
Cypripedium pubescens	Lady-slipper	12"	Yellow
Darmera peltata	Umbrella Plant	3' - 4'	Pink
Dicentra	Bleeding Heart	3"- 6"	Pink
Dodecatheon meadia	Shooting Star	18"-14"	Pink
Erythronium americanum	Trout Lily	2"-6"	Yellow
Geum	Avens	16"-20"	Pink/Orange
Iris cristata	Crested iris	48"	Violet/White
Lewisia	Bitterroot	3"- 6"	Pink/White
Meehania cordata	Creeping Mint	3"- 6"	Violet/White
Mertensia virginica	Bluebells	14"-20"	Blue
Pachysandra procumbens	Allegheny Spurge	6"-10"	White
Phlox	Phlox	6"-10"	Pink/White
Podophyllum peltatum	May-apple	8"-16"	White
Polygonatum	Solomon's Seal	1' - 3'	White
Smilacina racemos	False Solomon's Seal	1' - 3'	White
Tiarella cordifolia	Foam Flower	5"-12"	White
Tradescantia	Spiderwort	1' - 2'	Blue
Trillium	Wake-Robin	6"-12"	White
Waldsteinia fragarioides	Barren Strawberry	3"- 6"	Yellow
Late Spring			
Aquilegia canadensis	Columbine	10"-24"	Red
Chrysogonum virginianum	Gold-Star	6"-12"	Yellow
Cornus canadensis	Bunchberry	3"- 6"	White
Iris versicolor	Blue Flag	3"-4"	Blue

Early Summer

Aruncus dioicus	Goat's Beard	3' - 6'	White
Gaillardia	Blanket Flower	12"-16"	Yellow/Red
Heuchera	Coral Bells	1' - 2'	Coral/Cream
Linum perenne	Perennial Flax	1"-2'	Blue
Polemonium	Jacob's Ladder	2' - 3'	Violet-blue
Porteranthus (gillenia)	Indian-physic	2' - 3'	White/.Pink
Stokesia laevis	Stokes' Aster	1' - 2'	Blue

Summer

Asclepias	Milkweed/Butterfly weed	2' - 4'	White
Campanula rotundifolia	Harebell	10"-16"	Blue-violet
Cimicifuga racemosa	Snakeroot	3' - 4'	White
Coreopsis	Tickseed	2' - 3'	Yellow
Echinacea purpurea	Coneflower	16"-20"	Pink
Filipendula rubra	Queen of the Prairie	3' - 7'	Pink
Gaultheria procumbens	Wintergreen	3"- 6"	White
Heliopsis helianthoides	Oxeye	3' - 5'	Yellow
Liatris	Blazing Star	1' - 4'	Purple-white
Monarda didyma	Bee Balm	2' - 4'	Red, Pink
Oenothera	Evening Primrose	6"-14"	Yellow
Penstemon	Beard's Tongue	12"-20"	White/Pink
Phlox	Phlox	2' - 3'	Pink/White
Ratibida	Prairie Coneflower	1' - 3'	Yellow
Rudbeckia	Black-eyed Susan	2' - 3'	Yellow
Salvia	Sage	2' - 3'	Blue
Sedum	Sedum	4"-18"	White/Pink
Silene	Campion	1' - 2'	Red-pink
Spigelia marilandica	Indian Pink	12"-18"	Red
Thalictrum	Meadow Rue	3'	White, Pink

Late Summer

Agastache	Wild Hyssop	3' - 5'	Pink/Blue
Anemone	Windflower	18"	
Delphinium exaltatum	Wild Larkspur	2' - 4'	Blue
Eupatorium	Joe Pye Weed	2' - 3'	Pink/Blue
Helianthus	Sunflower	6' - 8'	Yellow
Hibiscus moscheutos	Rose Mallow	4' - 7'	Pink
Lobelia	Cardinal Flower	2' - 4'	Red/Blue
Physostegia virginiana	Obedient Plant	2' - 5'	Pink

Fall

Aster novae-angliae	New England Aster	1'-3'	Purple
Boltonia asteroides	False Aster	3'-4'	White
Spiranthes odorata	Lady's Tresses		